

# ChildTalk

Brought to us  
by GPCP

A SERIES OF CONVERSATIONS ON  
CHILD AND FAMILY WELLNESS

## 1st Talk: Dr. Jerome Lubbe Functional Neurologist



Dr. Lubbe, a Board Certified Functional Neurologist and Chiropractor, will be joining us to discuss “Fear-Free Parenting and Discipline Techniques”. This will be a group conversation where we will discuss how to promote: compliance, self-regulation, shame-free discipline, affirmation, and increased understanding of childhood developmental processes.

### ***Several concepts we will discuss include:***

- *When fear increases cognition decreases*
- *Compliance precedes understanding*
- *Struggle breeds efficiency*
- *One deep breath can reset the circuit breaker*
- *Eye contact is your most powerful resource*

**Free  
Childcare**



January 30th  
Wednesday  
7-9pm



Grant Park Cooperative Preschool  
Cabbage Town Community Center  
177 Estoria, Atlanta GA